

What is the Grand River Amazing Race?

Well, if you are to truly understand the Grand River Amazing Race, you must first understand us.

Fact: We're nuts. We get our kicks sitting around dreaming up crazy challenges that we'd never do in a million years ourselves, but get to make a reality at your expense. So, don't take yourself too seriously. It'll be hard to do while you're trying to move an orange with a banana suspended between your legs or flying down a slip and slide head first, amid blasting hoses anyway. Should adrenaline kick in and take over your better judgement, we've got your back; you'll surely snap back into reality when you cross the finish line and we hand you a "cold one" not a gel pack....

So if you're ready for a fun filled, unique challenge then follow these 3 easy steps:

Step #1: Set aside **Saturday June 20, 2015** because that's the big day. You may also want to locate Kiwanis Park on Google Maps. Not only will you be starting your journey from there, but you may want to become familiar with the area.... ;)

Step #2: Grab a friend. (You've gotta take someone down with you!) Choose wisely....a great sense of humor will make things go much smoother for you. (On the other hand, an explosive personality would make for great highlights on our footage reel....)

Step #3: Go to www.grandriveramazingrace.ca to register your team starting **Monday March 23, 2015**. You'll need to provide all the contact information for your teammate, a team name and the charity you want to run for. Once submitted, you'll be contacted by email within 24hrs by our Race Crew, with an information package and a username and password for your TEAM DONATION PAGE!

(IMPORTANT: Please ensure amazingraceinfo@gmail.com is added to your safe senders list.)

OH! That brings us to a couple more "items of understanding" you should wrap your head around....

- ✓ You'll need to pick a charity. We will provide you with 5 to choose from. **100% of ALL your sponsored donations go directly to your charity!** So get 'em to give 'till it hurts!
- ✓ You must raise money. A minimum of \$150 will provide you with the privilege to compete with the elite group of individuals we are proud to have as our racers...everything over that will just make your race easier. In some cases, MUCH easier (see next item).
- ✓ You want the canoe. You absolutely want the canoe. In case you missed it the first 2 times....the canoe = important. Perhaps even more important this year, than any other in the past (hint, hint). For those who still don't understand, perhaps visuals may help:

2011

(Note the canoe substitute)



2012

"We really didn't think the canoe was that important!"



- ✓ We call it a race, but you can do whatever you want. Run, walk, skip, crawl...it's no matter to us! Just make sure you are able to cover 5 ½ (ish) kilometers by foot and you should be good.
- ✓ The race will take approximately 1.5 – 3 hours to complete. Start times will be staggered, releasing 2-3 teams at a time – the first release time will be around 9 am and the last around 1 pm. But you could also plan to join us for the day. Kiwanis Park is a family friendly park with lots of fun things to do for the whole family!

<http://www.kitchener.ca/en/livinginkitchener/KiwanisPark.asp>

Your cheering squad will have nothing short of a blast while they wait for you at the finish line...and after victory is yours, you can join them for the rest of the fun!

- ✓ Registration opens **March 23, 2015**. The sooner you register the better. Not only are we capping the number of race teams, but you'll also get more advantages! Starting 7 weeks before race day, emails will hit your inbox weekly, giving you the lowdown on everyone's fundraising efforts AND a race hint/tip that will ONLY be divulged once.

And finally...

- ✓ No – you will not find out the race route prior to race day.
- ✓ No – we cannot be "bought"...well, actually Tim probably could...but we never leave him alone.
- ✓ Yes – you can carry whatever you want while you race, but if I were you, I'd be keeping it light. And waterproofed. (We will give you a ziplock bag to help with this)
- ✓ You want to bring your own canoe? Ok...but carrying it for the whole race might be a bit cumbersome. Better solution? Tell your friends and family that without their support, you may be eaten by sharks. Yes, the Grand River has been recently overcome with a major shark infestation (wink, wink). Surely they don't want you to be eaten by sharks...

If you have ANY other questions that we haven't already covered, you can always email us at:

amazingraceinfo@gmail.com

So, what are you waiting for!? Sign up today and join us for an AMAZING time!